

MGGS Sports Practices

MGGS sports practices occur in various locations before and after school and at lunchtimes. Being city based, the School has access to a number of world class sporting facilities such as Melbourne Sports and Aquatic centre, Olympic Park, Fawkner Park and the boatsheds on the Yarra River. On campus, students have access to a fully equipped gymnasium as well as tennis courts, a synthetic practice surface for netball and hockey and a full soccer pitch.

A sports practice schedule is published each term - see sample below

| Sports Practices - SAMPLE ONLY | | | | |
|--|--|--|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Before School (7.00 – 8.15am unless specified) | | | | |
| Senior Rowing (5.45am) Year 10 Rowing (5.45am) Swimming Junior Tennis Junior Indoor Cricket Junior Softball | Senior Rowing (5.45am) Year 10 Rowing (5.45am) Year 9 Rowing (6.15am) Intermediate Tennis Intermediate Softball Intermediate Indoor Cricket | Year 9 Rowing Land Training Year 10 Rowing Land Training (6.45am) Swimming Junior Tennis | Senior Tennis Senior Softball Senior Indoor Cricket | Senior Rowing (5.45am) Year 10 Rowing (5.45am) Swimming Intermediate tennis |
| Lunchtime (12.40 – 1.30pm) | | | | |
| Intermediate Indoor Cricket Intermediate Softball Senior Land Rowing | Pilates Year 9 Rowing - Run | Junior Indoor Cricket Junior Softball | Rowing | Body Balance |
| After School | | | | |
| Year 9 Rowing (3.45pm) Diving Equestrian Riding Lessons SENIOR MATCHES | Dive/Swim PB Meets Senior Rowing (3.45pm) | Senior Land Rowing (3.45pm) Year 10 Rowing (3.45pm) Year 9 Rowing (3.45pm) Aerobics (3.30pm) INTERMEDIATE MATCHES | Senior Water Rowing (4.00pm) Year 10 Rowing (4.00pm) YEAR 7 ACTIVITY PROGRAM JUNIOR MATCHES | Senior Rowing (5.45am) Year 9 Rowing (3.45pm) Diving |



Melbourne Girls Grammar an Anglican school

Senior School - Merton Hall
86 Anderson Street South Yarra

Junior School - Morris Hall
100 Caroline Street South Yarra

Postal Address:

86 Anderson Street South Yarra Victoria 3141

Tel: 03 9862 9200 Fax: 03 9866 5768

Website: www.mggs.vic.edu.au

Interschool Sports offered at MGGS

Term I

Dance Aerobics
Diving
Equestrian
Golf
Indoor Cricket
Rowing
Saturday Netball
Softball
Surf Life Saving
Swimming
Tennis
Triathlon

Term II

Athletics
Australian Rules Football
(Years 8 - 12)
Cross Country
Dance Aerobics
Equestrian
Fencing
Hockey
Netball
Saturday Netball
Snowsports
Swimming
Water Polo (Years 10-12)

Term III

Athletics
Badminton
Dance Aerobics
Equestrian
Gymnastics
Rowing
Saturday Netball
Snowsports
Soccer
Swimming
Volleyball

Term IV

Basketball
Beach Volleyball
Cricket
Dance Aerobics
Diving
Equestrian
Rowing
Saturday Netball
Swimming
Water Polo (Years 7-10)



MGGS Sports Captain Lucy Phillips
and Vice Captain Charlotte Gall

Melbourne Girls Grammar an Anglican school

Senior School
Merton Hall
86 Anderson Street South Yarra 3141

Sporting Enquiries

For general Sporting enquires please contact:

Mrs Tonia Douglas (Head of Sport)

Phone: 98629211 Mobile: 0419571178 Fax: 98203261

Email: tonia.douglas@mggs.vic.edu.au

For Rowing enquiries please contact:

Mr Christian Neeson (Head of Rowing)

Phone: 98629200 Mobile: 0421091439 Fax: 98203261

Email: christian.neeson@mggs.vic.edu.au

For Snowsports enquiries please contact:

Ms Lori Hill (Co-ordinator of Snowsports)

Phone: 98629211 Mobile: 0402810931 Fax: 98203261

Email: lori.hill@mggs.vic.edu.au

For Equestrian enquiries please contact:

Ms Fiona Rogers (Co-ordinator of Equestrian)

Phone: 98629211 Fax: 98203261

Email: fiona.rogers@mggs.vic.edu.au

For Saturday Netball enquiries please contact:

Ms Kim Callcott (Co-ordinator of Saturday Netball)

Phone: 98629211 Mobile: 0417187058 Fax: 98203261

Email: kim.callcott@kbs.edu.au

For Cross Country and Athletics enquiries please contact:

Mr Clint Perrett (Co-ordinator of Athletics)

Phone: 98629211 Mobile: 0418368457 Fax: 98203261

Email: clint.perrett@mggs.vic.edu.au

For Swimming enquiries please contact:

Ms Kimberley O'Brien (Co-ordinator of Swimming)

Phone: 98629211 Mobile: 0425747886 Fax: 98203261

Email: kimberley.obrien@mggs.vic.edu.au

For Physical Education enquiries please contact:

Ms Lori Hill (Acting Head of Physical Education)

Phone: 98629211 Mobile: 0402 810 931 Fax: 98203261

Email: lori.hill@mggs.vic.edu.au



MGGS Sporting Calendar and Fixtures

MGGS is a member of Girls Sport Victoria (GSV), an association of twenty four girls schools which participate in over twenty different sports throughout the year. Sports include softball, cricket, swimming, water polo, diving, hockey, netball, soccer, badminton, volleyball, basketball, indoor cricket, cross country, athletics and gymnastics.

MGGS enters a large number of teams in all events so that students have an opportunity to experience many of these sports. Over thirty external coaches, including elite level coaches, work with the girls. We aim to give the girls the best experience and to gain the maximum out of every training and game playing session. Competition and training take place on weekdays before and after school.

Each term, sporting fixtures for individual sports are published on the MGGS website under Learning/Sports/Fixtures and Schedules, along with other key dates for MGGS sports events and functions. A sample of the MGGS sporting calendar and fixture over a typical 4 week period is provided on the right. This sample fixture, along with the sample Sports Practices schedule on the back panel, indicate the scope and depth of the MGGS sports program.

GSV also provides an opportunity for MGGS students to participate in Saturday Sports Skill sessions. These sessions cover golf, fencing, surf life saving, Australian Rules football and beach volleyball. In addition, MGGS offers a separate sports program in rowing, equestrian, snowsports, dance aerobics, triathlon and Saturday netball. Competition and training are conducted at different times of the year and can take place at weekends and during term holidays.

The School also provides students with the opportunity to participate in a number of sports camps throughout the year and the School sports program is complemented by an extensive House sporting program in swimming, gymnastics, athletics, cross country and rowing.



Sporting Fixture - SAMPLE ONLY

| | |
|-----------------|---|
| Mon 2 | Senior Basketball Round 4 Senior Cricket Round 2 Sports Auxilliary Meeting - Rm 213; 7.00pm MHRC Committee Meeting - Library; 8.00pm |
| Tues 3 | Equestrian Club Cocktail Party; 6.30- 9.00pm |
| Wed 4 | Senior Basketball Round 5 Intermediate Sport Round 3 Junior Water Polo Round 1 |
| Thurs 5 | Junior Basketball and Cricket Round 2 |
| Fri 6 | GSV Dive Clinic 2 |
| Sat 7 | GSV Sports Skills 3 Saturday Morning Netball Boroondara |
| Mon 9 | Senior Basketball Semi-Final Senior Cricket Round 3 |
| Tues 10 | Snowsports Annual General Meeting - Board Room; 6.30pm |
| Wed 11 | Senior Basketball Final Intermediate Sport Round 4 Junior Water Polo Round 2 |
| Thurs 12 | Junior Basketball and Cricket Round 3 |
| Sat 14 | GSV Sports Skills 4 |
| Wed 18 | Senior Cricket Round 4 Intermediate Sport Round 5 Junior Water Polo Round 3 |
| Thurs 19 | Junior Basketball and Cricket Round 4 |
| Fri 20 | GSV Dive Clinic 3 |
| Mon 23 | Senior Cricket Round 5 MHRC Committee Meeting - Library; 7.00pm |
| Wed 25 | Senior Cricket Semi-Final Intermediate Sport Round 6 Junior Water Polo Round 4 |
| Thurs 26 | Junior Basketball and Cricket Round 5 |
| Fri 27 | GSV Dive Clinic 4 |
| Sat 28 | Father/Daughter Golf Day Saturday Morning Netball Boroondara |
| Mon 30 | Senior Cricket Final |
| Wed 1 | Intermediate Sport Semi-Finals Junior Water Polo Round 5 |
| Thurs 2 | Junior Basketball and Cricket Semi-Finals |
| Tues 3 | GSV Golf Ambrose Event Junior Water Polo Semi-Finals and Finals |
| Wed 4 | Intermediate Sport Final |
| Thurs 5 | Junior Basketball and Cricket Finals |
| Fri 6 | Rowing Breakfast - MGGS Gym; 7.30am |
| Sat 7 - Wed 11 | Senior Rowing Camp - Yarra |
| Fri 13 - Wed 18 | Junior Rowing Camp - Paynesville |